

spent on clothes by the average
er in the last three months

66 Percentage of customers who said
they prefer quality over low prices



Check dress by
Whistles £140

shop spy

NEWS +
TIPS



**LK Bennett's bit
for Alzheimer's**

LK Bennett has teamed up with the William Scott Foundation to produce these sweet limited edition printed T-shirts. They're £39, and 25 per cent of proceeds will go directly to the Alzheimer's Society. **020 7637 6727, lkbennett.com**



lifelong tailor. How's that for fashion feng shui? **Belle & Bunty, 45A Brecknock Road, N7, 020 7267 3322**

FRANCESCA HORNAK
T-SHIRT BY LK BENNETT

Bounce along to Belle & Bunty

New boutique alert! Belle & Bunty has opened its first stand-alone store in Tufnell Park. Plenty of silky dresses, cashmere cardies and antique objects in store. Time for some trivia: the shop was originally the site of Vivienne Westwood's

salon spy

**SIMPLE CUT AND COLOUR
RIGHT UP YOUR STREET**

Despite appearances, Vidal Sassoon in Bayswater delivers an expertise colour and an effective cut. OK, so the decor is in desperate need of an overhaul, and they need to work on a more polished delivery - for example, not getting hair sucked up in the vacuum vent of the hairdryer. But regardless of these annoyances the friendly staff, that excel in colouring, ensure that you leave with great hair.

Inside Whiteleys of Bayswater, W2, 020 7792 2741



**CLEANSING TRIP TO
THE CENTRE OF YOUR SOUL**

If you enjoy spiritual treatments, you need to visit energy therapist Michele Roberts. She heals and balances auras by reading the seven layers of your aura and scribbling down the colours that vibrate around you. Each colour signifies something different. It's like having your fortune told - each colour relates to your life; relationship patterns, fears, desires. Everything rings true. She sees your past lives and how they impact the present. You leave having experienced a fascinating and indulgent insight in to who and why you are. Your head is clear, you feel validated and at one with yourself. Highly recommended.

Energy Therapy, £80, with Michele Roberts at The Hale Clinic, 020 7631 0156, www.haleclinic.com